The Cranial Eye (Pidarikkan)

The Center of Human Records and the Islamic Spiritual Tradition

What we have Seen, Heard, Smelled, and Thought

The Recording Center Declared by the Quran

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Written and Delivered by: Tiruppur Amanullah

Part 1: The Sublime Introduction — The Cosmos and the Human Body

In the name of God, the Most Gracious, the Most Merciful.

My deeply respected elders, mothers, and my dear brothers and sisters who are on this journey of spiritual seeking!

All praise and gratitude belong solely to Almighty Allah, the Lord, Sustainer, and Ruler of all the worlds. May the peace, blessings, and salutations of the Almighty be upon the Final Messenger, Prophet Muhammad (peace be upon him), his noble family, his companions, and all those righteous souls who beautifully follow the path of guidance until the end of time.

A human being is not merely a moving machine constructed of flesh, blood, and bones. The human being is a living spiritual treasure, carrying within themselves the profound secrets of the cosmos and the ultimate philosophies of the universe. As the great mystics have profoundly stated: *"O Human! Know yourself; for he who knows himself, truly knows his Lord."*

Almighty God has stamped the seal of His infinite wisdom upon every single cell and every nerve ending of the human body. He has placed all the energies present in the heavens and the earth into the human body in a beautifully condensed form. This is precisely why spiritual philosophers refer to the human body as the 'Microcosmos' and the vast universe as the 'Macrocosmos.'

The spiritual topic we have chosen to reflect upon today concerns a highly mysterious, sublime, and primary gateway of the spiritual path within the human body. It is the specific center that traditional Siddha medicine and experiential yogic sciences call the **"Pidarikkan" (The Cranial Eye or the Posterior Gateway)** and the **"Somavattam" (The Lunar Circle)**. Today, we are going to explore deeply how the Islamic spiritual tradition, the Holy Quran, and the beautiful prophetic traditions explain this center through the light of divine wisdom.

When the core vital energy, which acts as the foundational force of the body, flows upward through the inner channel of the spinal cord toward the forehead, it frictionally passes through the center of the hindbrain—the Cranial Eye. The divine spiritual warmth generated by this sacred friction and alignment is known as the 'Somavattam.' It is exactly within this center that every single record of our life—everything we have ever heard, seen, thought, smelled, and enacted since the day we were born into this world—lies preserved as subtle atomic impressions.

We are now entering a sublime spiritual journey that is meant to be heard with the ears, realized by the intellect, and dissolved into the soul. Let us explore the cosmic secret of this Cranial Eye in the light of Islamic philosophy and life science.

Part 2: The Cranial Eye in the Pure Light of Quranic Verses

Where are human actions recorded? How are our thoughts monitored? On what basis will a human being be questioned on the Final Day of Judgment? The Holy Quran provides us with

incredibly clear and profound philosophical answers to these questions. Let us reflect upon the grand wonders shown by the Quran regarding the Cranial Eye and human records.

1. The Forehead and the Record of the Hindbrain

When Almighty God speaks about the sublimity of human creation in the 95th chapter of the Holy Quran, He states that He created the human being in the best of molds. At the same time, when a human being errs, the Almighty meticulously describes the anatomical center of that error in the 96th chapter, Surah Al-Alaq:

> "No indeed! If he does not desist, We will surely drag him by the forelock—a lying, sinning forelock!"

We must carefully observe the philosophical depth of this verse. What does modern medical science and neuroanatomy tell us today? The human capacity for decision-making, planning, deception, and the origination of evil intentions takes place primarily in the frontal lobe of the brain (the prefrontal cortex).

However, spiritual philosophy reveals that while the thoughts originate in the forehead, the waves of those thoughts and evil designs are immediately transmitted and stored as permanent atomic records in the back of the brain—the Cranial Eye. When the Almighty declares that He will drag the denier by the forelock, the divine judgment simultaneously encompasses the hindbrain records, where the consequences of those sins are structurally preserved. The intent is at the front; its etched record is at the back! This is the divine anatomy of accountability.

2. The Ledger Suspended Around the Neck

In the 17th chapter of the Holy Quran, Surah Al-Isra, verse 13, the Lord of the universe proclaims a monumental truth that shakes human consciousness:

> "And We have fastened every human being's destiny (their record of deeds) to their own neck. And on the Day of Resurrection, We will bring forth for him a book which he will find wide open."

Reflect deeply, my dear brothers and sisters! Why should the Master of the cosmos state that a person's record of deeds is fastened to their 'neck'? Why did He not specify the waist or the hands? In the architecture of the human body, the region between the neck and the skull—where the spinal cord terminates into the brain stem—is the exact location of the Cranial Eye.

This verse explicitly reminds us that the location where all our daily impressions and secret thoughts are recorded as atoms, coiled like a magnetic tape, is this posterior cranial region of our body. We often imagine that our sins and virtues are being written down in a book located somewhere in the distant heavens. Yet, the Almighty declares, *"I have recorded everything right behind your neck, within your own cranial center."* On the Day of Resurrection, these atomic records stored in the Cranial Eye will project outward like a cosmic screen, transforming into the 'Kitab' (the Book) where man will witness his own history with his own eyes.

3. The Flawless Cosmic Recording

In the 36th chapter of the Holy Quran, Surah Yasin, verse 12, the Almighty further clarifies:

> "Indeed, it is We who bring the dead to life and record what they have put forth and what they left behind. And all things We have enumerated in a clear register."

In this verse, the phrases 'what they left behind' (their traces) and 'a clear register' are of paramount importance. When a human performs an action, the nervous system records those precise vibrations. This atomic ledger preserved within our Cranial Eye is the micro-biological replica of the grand cosmic preservation ledger, known as 'Lauh al-Mahfuz' (The Preserved Tablet). If there is a massive central server in the cosmos, the Cranial Eye is the individual hard drive placed within the human body.

Part 3: The Depths of Human Anatomy in the Prophetic Traditions

The Prophet Muhammad (peace be upon him) was not merely a spiritual preacher; he was the ultimate gnostic who, through the divine light of the Almighty, understood the secrets of the human body and the nature of the soul atom by atom. Here are the paths shown by the Prophet regarding the spiritual centers of the body and memory:

1. The Tailbone and the Cranial Eye: The Two Poles of Energy

The Holy Prophet (peace be upon him) delivered a sublime narration recorded in the primary source texts of Sahih al-Bukhari:

> "Every part of the human body will perish and decompose into the earth after death, except for one single bone. That is the coccyx (the tip of the tailbone). And from it, humanity will be reconstructed on the Day of Resurrection."

We must analyze this prophetic tradition through the lens of spiritual philosophy. Traditional medical systems and yogic lineages identify the base of the spine (the Muladhara or root center) as the starting point of human vital energy. It is from this root that the refined vital essence travels upward through the spinal column to reach the Cranial Eye (the Somavattam).

If the tailbone mentioned by the Prophet is the starting point of this human energy, then the Cranial Eye is the final terminal knot where all the life records carried by that energy culminate. This explains the magnificent philosophy that even when the physical body decays after death, the atomic summary of life experiences etched into the Cranial Eye, along with the essence of the tailbone, remains indestructible. They act like a spiritual seed that will germinate to resurrect the human being anew on the Final Day.

2. The Vision of the Heart and the Awakening of the Inner Eye

In another highly celebrated tradition, the Holy Prophet (peace be upon him) states:

> "Beware! Truly, there is a lump of flesh in the body. If it is righteous and healthy, the whole body becomes righteous and healthy. And if it is corrupted, the whole body becomes corrupted. Beware, that is the heart."

The heart referred to by the Prophet here is not the mere muscular organ that pumps physical blood. It refers to the spiritual heart. In the Islamic mystical tradition, this is known as **'Basirah.'** 'Basirah' translates directly to 'The Inner Eye' or 'Spiritual Vision.'

The outer physical eyes look at the external world. The Inner Eye, however, perceives the ultimate realities of the universe and the divine light of the Creator. The Cranial Eye acts as the anatomical control center and the spiritual cradle for this Inner Eye. Whatever we perceive through our physical eyes or hear through our ears passes through this inner sight and becomes deeply

embedded in the cranial region. It is only when this center is purified that a human being is blessed with true spiritual insight.

Part 4: The Expositions of the Great Philosophers and Sufi Masters

In the Islamic intellectual tradition, the science of 'Tasawwuf' (Sufi mysticism) views the human body as a grand spiritual academy. World-renowned gnostics like Imam al-Ghazali and Shaykh Muhyiddin ibn Arabi, alongside South Indian Sufi sages like Kunangudi Mastan Sahib and Thakkalai Peer Muhammad Appa, have written extensively about these mysterious centers within the human body.

1. Imam al-Ghazali's Philosophy of the 'Treasure-House of Memory'

The legendary philosopher of the Islamic world, Imam al-Ghazali (may Allah have mercy on him), in his masterpiece *Kimiya-e-Saadat* (The Alchemy of Happiness), connects the functions of the brain directly with spirituality:

> "The human brain is a divine mirror meant to reflect the absolute knowledge of the Creator. The worldly perceptions entering through the external senses—the eyes, ears, nose, and tongue—are all systematically stored as atoms in a mysterious repository located at the back of the brain (Khizanah al-Khayal). When a person purifies their soul, this storehouse is liberated from worldly impressions and transforms into a radiant center reflecting the divine spiritual light."

The exact location that Imam al-Ghazali refers to as the 'Treasure-House of Memory' or the 'Repository of Perception' is none other than the Cranial Eye spoken of by the ancient mystics.

2. The Inner Meditation Tradition of South Indian Sufi Sages

The Tamil Sufi mystic Kunangudi Mastan Sahib beautifully integrated the energy centers of the body with Islamic monotheism (Tawhid) in his poetic verses. In his spiritual couplets, he sings about inner meditation, saying: *"To the noble souls who remain fixed in focused meditation upon the center of the brow..."*

Sufi masters explain that the spiritual warmth (Somavattam) generated at the Cranial Eye—located directly behind the center of the brow in the middle of the hindbrain—is the manifestation of the Divine Light (*Anwar al-Ilahi*) sparked by continuous remembrance (*Dhikr*). Through meditation and the remembrance of God, the vital energy surges upward, frictionally engaging the Cranial Eye and producing a sacred spiritual warmth. At this stage, all the old, dark, negative impressions within the human being are incinerated. Following this, a spiritual awakening resembling the light of a brilliant star occurs within him. The Sufis term this state *'Kashf'*—the lifting of the veils of perception.

Part 5: The 'Cranial Eye' within Islamic Ritual Practice

In the Islamic tradition, the purification of this Cranial Eye and its records is not an isolated ascetic practice performed only in distant forests; it is meticulously woven into the daily ritual practices of every Muslim.

1. The Anatomical Secret of Wudu (Ablution)

Before standing in prayer, a Muslim performs 'Wudu'—the ritual cleansing of the body. Within this ritual, after washing the face and hands, performing the 'Masah' (wiping) of the head is an

absolute obligation.

The method taught by the Prophet requires wetting the hands with water, starting from the front of the hairline, moving the hands backward over the head, **terminating the movement precisely at the center of the nape (the Cranial Eye)**, and then wiping the ears.

We must ponder over this deeply! Why did the Prophet command us to take our hands all the way back and terminate the movement at the nape of the neck? It is at the Cranial Eye that the mental waves and atomic records of everything we have seen, heard, and spoken throughout the day accumulate, generating a specific form of psychic heat.

When we wipe this area gently with cool water during ablution, the excess heat generated by these worldly impressions is instantly pacified. The brain enters a state of deep tranquility. Wiping the nape is a profound anatomical philosophy designed to cool down worldly impressions, allowing the brain to transition seamlessly into the remembrance of God (*Dhikrullah*). It is only when this physical and spiritual cooling occurs correctly that a Muslim achieves *'Khushu'*—absolute focus and humility in prayer.

2. The Vigil of the Night (Tahajjud) and the Glory of Remembrance

During the final part of the night, when the world is fast asleep, the cosmic spiritual energy in the universe is at its zenith. Rising for the night prayer (*Tahajjud*) at this hour and engaging in *Dhikr* (divine meditation) entirely purifies the atomic structures at the back of the brain. The negative records are dissolved, and the positive impressions are transformed into radiant light. As the Cranial Eye awakens, the individual is naturally deterred from evil and elevates into a pure sage.

Part 6: The Comprehensive Conclusion — The Root of Soul Purification

My beloved listeners and spiritual souls!

The essence of all the philosophies we have heard so far is that the Cranial Eye is not a mere metaphorical concept; it is a 'living supercomputer' that bears every page of our lives and every passing thought in atomic form.

We must remain vigilant every single second regarding what we allow ourselves to see, what we listen to, and what we think. Even the most trivial act committed in absolute solitude is being etched as an atomic imprint right at the center of our hindbrain. This ledger resting behind our neck is precisely what will represent us in the hereafter.

By embracing the pure life, upright thoughts, selfless service, and continuous divine meditation taught by Islam, we can entirely erase the negative records within our Cranial Eye. We can transform it into a glowing circle of light—a sanctuary for the reflection of divine illumination.

As the Holy Quran beautifully declares:

> "He has succeeded who purifies the soul, and he has failed who corrupts it."

May the Almighty Lord grant all of us the wisdom to understand the spiritual centers of our bodies during our lifetime, protect ourselves from negative impressions, and attain His infinite grace.

It gives me immense joy to share this sublime spiritual quest and the secret of the Cranial Eye with you all.

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Peace be upon you, and the mercy and blessings of Allah.

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